

Protecting the Health of Those Who Serve

Protecting the health of those who serve our country is our mission.

We recognize that deployment may have an impact on your health and wellbeing. In an effort to identify and treat your deployment-related health concerns, we are implementing the Post-Deployment Health Reassessment, or PDHRA. The program provides education, screening, assessment and an opportunity to access care for a wide variety of questions and concerns you may have about your health after you return from deployment.

What can the Post-Deployment Health Reassessment do for me?

While deployed, you were focused on the mission at hand. Now that you have returned home, it is time to focus on your life, your health, and your future. We encourage you to take advantage of the healthcare and community services available to you through participation in the Post-Deployment Health Reassessment.

The PDHRA empowers each of you to take control of your health and provides you with the chance to address your deployment-related health concerns with a healthcare professional. By identifying your health and readjustment concerns early, you can resolve problems that could – if left unattended – negatively affect your deployment status, career, or life beyond service.

How does the PDHRA process work?

You should complete the Post-Deployment Health Reassessment three-to-six months after returning from deployment. If you are in a unit, your unit or commander will notify you when it's time to complete the reassessment. Selected service members may be notified through the internet or a direct mailing when it is their time to complete the PDHRA.

First, you will receive training to assist you in participating in the screening process, then you will complete a questionnaire that will gather your current demographic and health status information. Then, you will have an opportunity to discuss your deployment health concerns or questions with a healthcare provider. Together with the provider you can determine what additional services or referrals are needed.

